



15-Apr-22

# BEES AT WORK EPISODES 30-31

Research agenda in terms of work for the next 15 years: Elements of a new state-of-the-art “working paradigm”

By Eleonora Escalante Strategy

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## Saga Outline

# BEES AT WORK

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1. *Introduction* 🐝
2. *Rationale, Philosophy and objectives of the saga* 🐝
3. *Before starting* 🐝
4. *The life of the bees at the hive* 🐝
5. *Why are bees crucial for human civilization?* 🐝
6. *Bees Swarm Intelligence* 🐝
7. *How Bees colonies make decisions* 🐝
8. *Bees living in a time of chaos* 🐝
9. *Honeybees' democracy by Thomas Seeley* 🐝
10. *The wisdom of bees applied to human societies* 🐝
11. *Homo sapiens history of work – Our past* 🐝
12. *How humans work now – Our present* 🐝
13. *The forthcoming of work – Our future?* 🐝
14. *How people dignify time by working* 🐝
15. *The meaningful work means happiness too.* 🐝
16. *Women in the workplace* 🐝
17. *What has changed at work with the NAIQIs?* 🐝
18. *Classification of workforce updated* 🐝
19. *The workplace as a school: The new Learning organization* 🐝
20. *Skills of the halted workforce and consequences* 🐝
21. *Why the virtual office is not for all, but for some* 🐝
22. *Figuring out a hybrid working model* 🐝
23. *Why are employees quitting?* 🐝
24. *Living to work? or working to live?* 🐝
25. *An appraisal to workforce and employment trends after the COVID19 Pandemic* 🐝
26. *Research agenda in terms of work for the next 15 years. Elements of a new state-of-the-art working paradigm. TODAY* 🐝
27. *Summary and conclusions*

**We are almost done!  
Bees at work is scheduled to  
finish on April 19<sup>th</sup>, 2022**



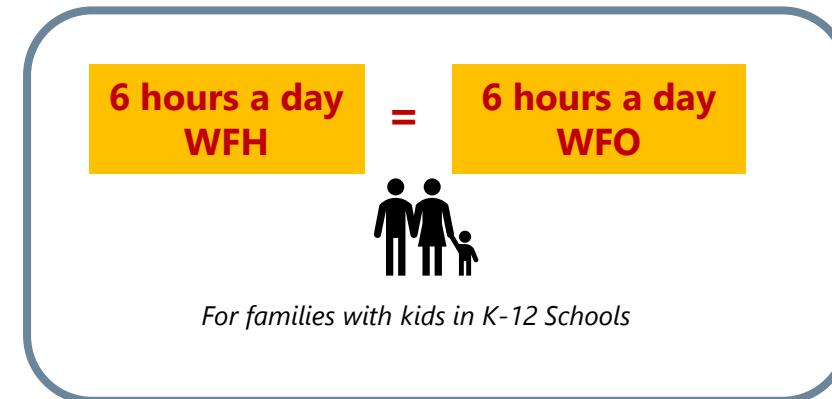
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***How to grow, study and work pursuing a well-being integral life in a planet that doesn't allow time for it?***

Activities Working humans	Hours per day
<b><i>Sleeping</i></b>	<b>8</b>
<b><i>Eating</i></b>	<b>3</b>
<b><i>Commuting</i></b>	<b>2</b>
<b><i>Hygienic Rituals</i></b>	<b>1.5</b>
<b><i>Wellbeing Practices (sports, hobbies, art)</i></b>	<b>1.5</b>
<b><i>Working</i></b>	<b>6</b>
<b>TOTAL</b>	<b>22</b>



*Even with a working journée of 6 hours per day, we only have 2 hours a day for exclusive quality time with our family. It can be expanded to 6 hours if we share or allocate other activities together (as eating or wellbeing activities).*



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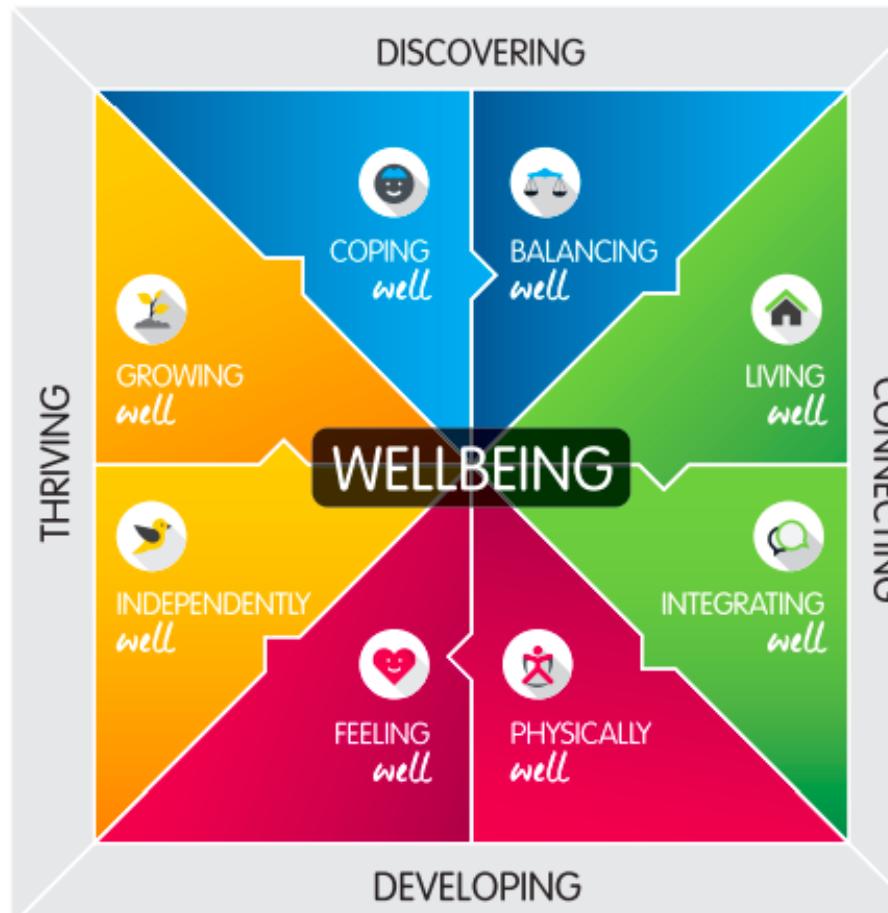
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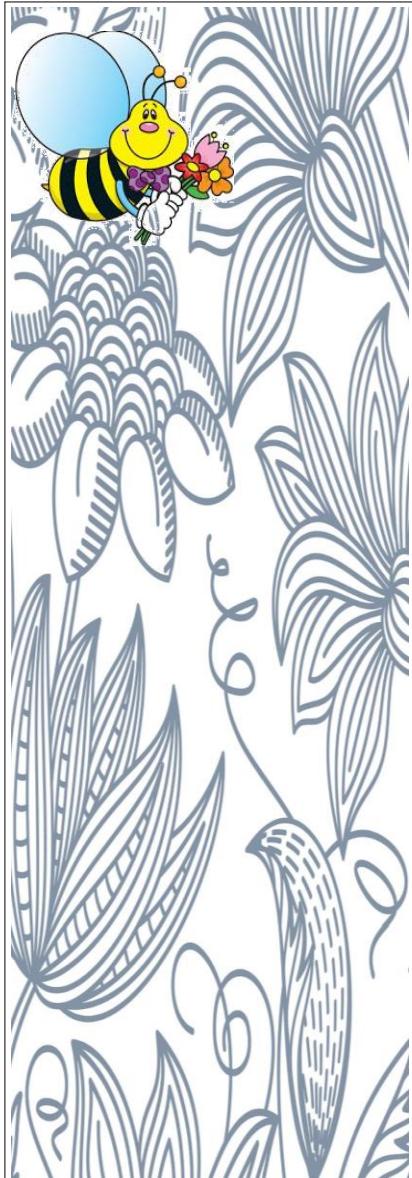
## *The well-being framework from New Horizons.*

Well-being is the state of being healthy, joyful, prosperous and inwardly content regardless the circumstances.

Well-being is a process from inside out. The same as the bees.



Source <https://www.newhorizons.org.au/>



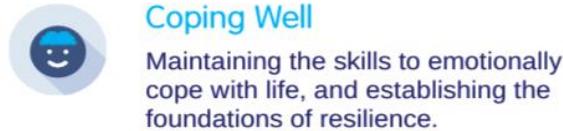
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***The well-being framework that shows 8 dimensions of loving yourself as much as loving others.***

## Coping Well



## Balancing Well



## Living Well



## Integrating Well



## Feeling Well



## Physically Well



## Growing Well



## Independently Well



***Eating well and Fitness is here***