



15-Apr-22

BEES AT WORK EPISODES 30-31

Research agenda in terms of work for the next 15 years: Elements of a new state-of-the-art “working paradigm”

By Eleonora Escalante Strategy

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1



15-Apr-22



BEES AT WORK

Saga Outline

1. **Introduction**
2. **Rationale, Philosophy and objectives of the saga**
3. **Before starting**
4. **The life of the bees at the hive**
5. **Why are bees crucial for human civilization?**
6. **Bees Swarm Intelligence**
7. **How Bees colonies make decisions**
8. **Bees living in a time of chaos**
9. **Honeybees' democracy by Thomas Seeley**
10. **The wisdom of bees applied to human societies**
11. **Homo sapiens history of work – Our past**
12. **How humans work now – Our present**
13. **The forthcoming of work – Our future?**
14. **How people dignify time by working**
15. **The meaningful work means happiness too.**
16. **Women in the workplace**
17. **What has changed at work with the NAIQIs?**
18. **Classification of workforce updated**
19. **The workplace as a school: The new Learning organization**
20. **Skills of the halted workforce and consequences**
21. **Why the virtual office is not for all, but for some**
22. **Figuring out a hybrid working model**
23. **Why are employees quitting?**
24. **Living to work? or working to live?**
25. **An appraisal to workforce and employment trends after the COVID19 Pandemic**
26. **Research agenda in terms of work for the next 15 years. Elements of a new state-of-the-art working paradigm. *TODAY***
27. **Summary and conclusions**

**We are almost done!
Bees at work is scheduled to
finish on April 19th, 2022**

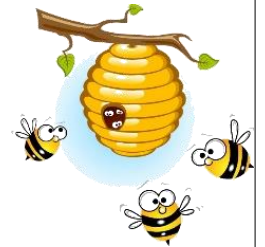


BEES AT WORK

How to grow, study and work pursuing a well-being integral life in a planet that doesn't allow time for it?

Activities Working humans	Hours per day
Sleeping	8
Eating	3
Commuting	2
Hygienic Rituals	1.5
Wellbeing Practices (sports, hobbies, art)	1.5
Working	6
TOTAL	22

15-Apr-22



6 hours a day
WFH

=

6 hours a day
WFO



For families with kids in K-12 Schools

Even with a working journée of 6 hours per day, we only have 2 hours a day for exclusive quality time with our family. It can be expanded to 6 hours if we share or allocate other activities together (as eating or wellbeing activities).



BEES AT WORK

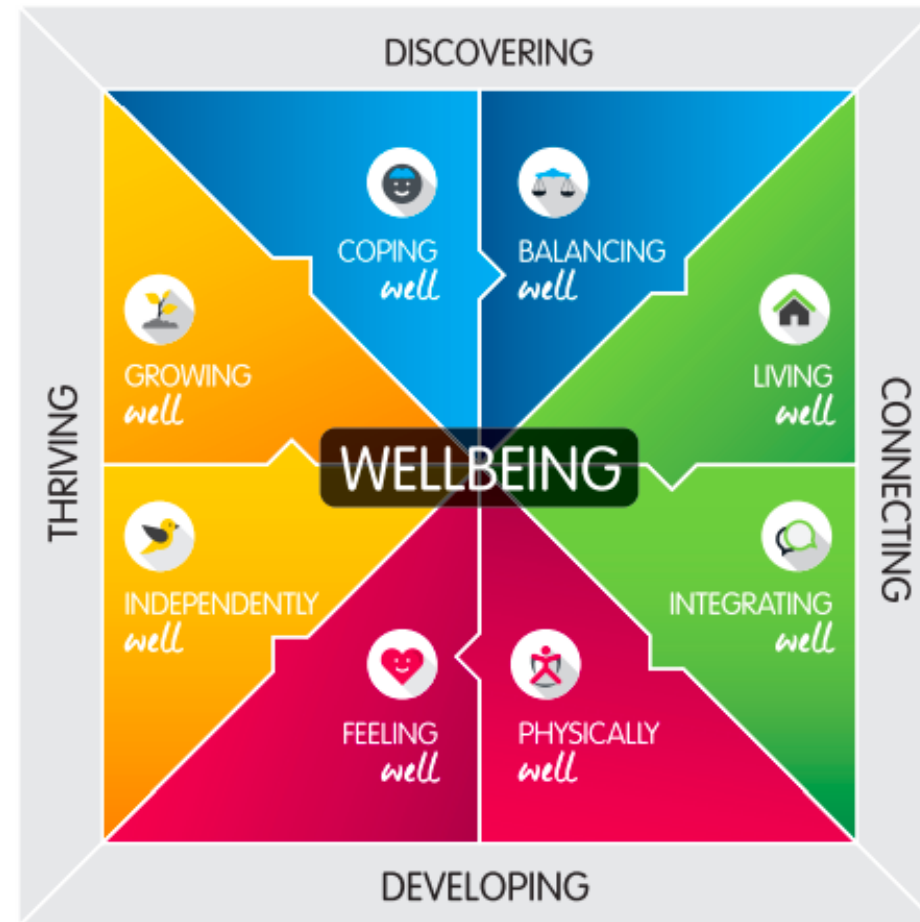
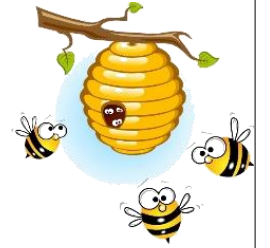
15-Apr-22

The well-being framework from New Horizons.

Well-being is the state of being healthy, joyful, prosperous and inwardly content regardless the circumstances.

Well-being is a process from inside out. The same as the bees.

Source <https://www.newhorizons.org.au/>

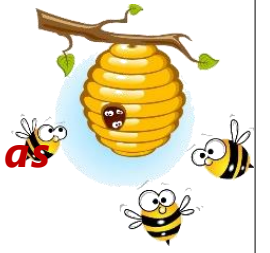




BEES AT WORK

15-Apr-22

The well-being framework that shows 8 dimensions of loving yourself as much as loving others.



Security
is here

Social
is here



Coping Well

Maintaining the skills to emotionally cope with life, and establishing the foundations of resilience.



Balancing Well

Developing and maintaining the skills to manage and balance daily activities and tasks.



Living Well

Living freely, feeling safe and secure in your living environment, and addressing factors that impact your immediate living situation.



Integrating Well

Strengthening the sense of integration and belonging through friendships, relationships, cultural connectedness and spirituality.



Feeling Well

Feeling good about yourself, by setting goals and challenges, and recognising achievements and celebrate accomplishments along the way.



Physically Well

Improving diet and exercise and making healthy lifestyle choices to feel better on the inside as well as outside.



Growing Well

Actively pursuing personal growth, sharing your experiences and giving back, to discover and unleash your full potential.



Independently Well

Finding your voice, expressing yourselves, and building the confidence to make our own decisions and maintain a sense of independence.

Eating well
and Fitness
is here